**You’re Invited to the**

**13th Annual**

**Brain Injury Support Group BBQ**

 **Farewell**

 **Family Food**

 **  **

 **Friends Fun**

 **Forward**

When Monday June 24, 2019

Come at 4:00 PM or anytime until dusk

Rain Dates – Tue June 25 or Wed June 26

Where Ross Dock Picnic Area, Henry Hudson Dr., Fort Lee NJ

Part of Palisades Interstate Park

Fully accessible river front picnic area

Along Hudson River at base of George Washington Bridge

\*\*\* Directions and Instructions on Back \*\*\*

Who Support Group Members

Family and Friends

What Hamburgers and Hot Dogs will be provided

Soda, water and paper products too

Bring snacks, side dishes or desserts

Bring chairs or a blanket to sit on

Contact Jane and Joe Concato

jjconc@optonline.net

201-666-2015

Information also on website – [www.brain411.org](http://www.brain411.org)

**Directions and Instructions**

**If attendant is at the gate when you arrive**

**tell them you are attending the Brain Injury BBQ**

**you may or may not have to pay $ 5.00 Parking Fee**

**Google Maps can be used for directions – Ross Dock Picnic Area, Fort Lee, NJ 07024**

**Entering the Park from Englewood (easiest way)**

**From Palisades Interstate Parkway:** (North or South)

Take Exit 1, Palisade Ave. Turn left onto Palisade Avenue.

**From Route 9W**

At Palisade Ave, Englewood Cliffs, (diner on corner)

Turn east (right if headed north, left if headed south toward the Hudson River)

**For both (once on Palisade Ave)**

Stay straight to enter Palisades Interstate Park onto Henry Hudson Drive.

As you follow Drive down, you will see signs for Englewood Boat Basin and Ross Dock.

Continue toward Ross Dock heading south on Drive ~1.5 miles to circle.

Follow signs to Ross Dock which is down at the river.

**Entering the Park from Fort Lee**

**From Routes 4, 46, I-80, I-95**

Take exit for Fort Lee / Palisades Interstate Parkway. Continue straight on Bridge Plaza South / Bruce Reynolds Blvd past several traffic lights. At the last light ("T" intersection), turn right (South) onto Hudson Terr. which changes name to River Rd.

**From Route 9W / Lemoine Ave / Palisade Ave**

At Main St, Fort Lee, turn east (right if headed north, left if headed south).

Proceed downhill and bear right (south) onto River Rd.

**For both (once on Hudson Terr / River Rd)**

If on Hudson Terr, do not enter Fort Lee Historic Park.

On River Rd, make the 1st left into Palisades Interstate Park onto Henry Hudson Drive.

Continue on Drive ~1 mile to the circle – Follow signs to Ross Dock which is down at the river.

Left for Henry Hudson Drive is as you begin to go down a hill

across from entrance to apartment parking garage

If you pass River Palm Terrace restaurant and Edgewater Fire House

you have gone too far

**Entering the park from Edgewater**

Take River Rd. north. Before the top of the hill, at the Fort Lee border make right into Palisades Interstate Park onto Henry Hudson Drive. Continue on Drive ~1 mile to circle – Follow signs to Ross Dock which is down at the river.